

Tri-Metro Conference at Richfield - May 26

Boys Varsity

1. Academy Of Holy Angels	157
2. DeLaSalle	117
3. St Croix Lutheran	111
4. Richfield	93
5. Columbia Heights	67
6. Fridley	30
7. Brooklyn Center	16

Girls Varsity

1. Visitation	185
2. Academy Of Holy Angels	170
3. Richfield	59
4. St Croix Lutheran	56
5. DeLaSalle	50
6. Brooklyn Center	30
7. Columbia Heights	23
8. Fridley	22

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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1 Gus Langford 11 DeLaSalle	10.82
2 Xavier Flemister 12 DeLaSalle	11.14
3 Emmett Johnson 11 Academy Of Holy Angels	11.30
4 Cayden Lockhart 11 St Croix Lutheran	11.42
5 Matthew Bitter 12 Academy Of Holy Angels	11.51
6 Kieran Murnan 10 Academy Of Holy Angels	11.55
7 Anthony Borom 11 Fridley	11.64
8 Kai Anderson-Lantz 12 DeLaSalle	11.67
9 Tykelian Moore 9 Fridley	11.91
10 Cy Sengsourichanh 10 Richfield	11.96
11 Michel Bagana 10 Brooklyn Center	11.97
12 Trevon Cunningham 10 Richfield	12.14
13 Jonathan Dereje 12 Columbia Heights	12.21
14 Warren Kinney 11 Brooklyn Center	12.36
15 Pedro Camara 10 St Croix Lutheran	12.46
16 Dejon Hamilton 10 Brooklyn Center	12.49
17 Prince Alie 10 Fridley	12.67
18 Khoi Le 8 Columbia Heights	12.97
19 Ahmed Amine Ait Daoud 12 Columbia Heights	13.89
Randy Reyes 11 Columbia Heights	DNS
Zach Arndt 12 St Croix Lutheran	DNS

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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1 Xavier Flemister 12 DeLaSalle	22.94
2 Emmett Johnson 11 Academy Of Holy Angels	23.16
3 Cayden Lockhart 11 St Croix Lutheran	23.42
4 Matthew Bitter 12 Academy Of Holy Angels	23.81
5 Anthony Borom 11 Fridley	23.88
6 Stewart Nelson 12 DeLaSalle	23.91
7 Jonathan Hackett 11 Columbia Heights	23.99
8 Daniel Retic 12 Brooklyn Center	24.07
9 Michel Bagana 10 Brooklyn Center	24.24

10 Cy Sengsourichanh 10 Richfield 25.32
11 Kieran Murnan 10 Academy Of Holy Angels 25.36
12 Warren Kinney 11 Brooklyn Center 25.51
13 Griffin Hogg 11 Columbia Heights 25.55
14 Trevon Cunningham 10 Richfield 25.69
15 Jonathan Dereje 12 Columbia Heights 25.73
16 Pedro Camara 10 St Croix Lutheran 25.90
17 Marco Rodrigues 9 St Croix Lutheran 26.18
18 Antonio Borom 9 Fridley 26.46
19 Cody Do 11 Richfield 27.55
Gus Langford 11 DeLaSalle DNS
Tykelian Moore 9 Fridley DNS

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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1 Gus Langford 11 DeLaSalle 48.88
2 Stewart Nelson 12 DeLaSalle 52.18
3 Ben Olson 11 Columbia Heights 52.87
4 Jonathan Hackett 11 Columbia Heights 53.58
5 William Mueller 12 St Croix Lutheran 55.14
6 Daniel Retic 12 Brooklyn Center 55.45
7 Peter Forseth 12 Academy Of Holy Angels 55.51
8 Dane Hanks 11 Richfield 56.21
9 William Snyder 12 Academy Of Holy Angels 56.37
10 Isreal Moses 10 DeLaSalle 56.96
11 Joe Engel 11 St Croix Lutheran 57.94
12 Christopher Mook 9 Academy Of Holy Angels 58.20
13 Ezekiel Gorshe 11 Richfield 58.66
14 Tay'Shawn Robinson 11 Brooklyn Center 1:01.31
15 Ahmed Amine Ait Daoud 12 Columbia Heights 1:04.77
16 kodjo Sewonou 10 Brooklyn Center 1:06.99

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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1 Jacob Bennett 12 Academy Of Holy Angels 2:04.41
2 Casey Gay 10 Richfield 2:06.29
3 Christian Moberg 11 DeLaSalle 2:11.32
4 Andy Soto-Moreno 12 Richfield 2:13.05
5 Adam Katalinich 10 Academy Of Holy Angels 2:14.52
6 Will Olson 9 St Croix Lutheran 2:15.64
7 Damon Spearmon 10 Columbia Heights 2:18.71
8 Miles Jackson 10 DeLaSalle 2:18.77
9 Drake Pham 11 Columbia Heights 2:21.27
10 Ezekiel Gorshe 11 Richfield 2:23.29
11 William Merrigan 11 DeLaSalle 2:23.89
12 Nolan Zellmer 9 St Croix Lutheran 2:25.51
13 Christian Gosch 12 St Croix Lutheran 2:27.23
14 Linus Lee 10 Columbia Heights 2:29.29
15 Gavin Wagner 12 Academy Of Holy Angels 2:31.32
Jesus Romero Rivera 12 Columbia Heights DNS

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Jacob Bennett 12 Academy Of Holy Angels 4:31.50
- 2 Chase Oates 11 Columbia Heights 4:39.21
- 3 Shane Zenk 12 DeLaSalle 4:51.03
- 4 Will Olson 9 St Croix Lutheran 4:56.33
- 5 Liam Sheeley 12 Academy Of Holy Angels 4:57.37
- 6 Drake Pham 11 Columbia Heights 5:04.66
- 7 Thomas Hermann 7 St Croix Lutheran 5:17.71
- 8 Juan Jose DiGrazia 12 Richfield 5:19.79
- 9 Thomas Madrid 9 Richfield 5:20.20
- 10 Linus Lee 10 Columbia Heights 5:35.21
- 11 Stephen Elsinger 10 Academy Of Holy Angels 5:37.80
- 12 Knut Linne 9 Richfield 5:43.89
- 13 Jonathan Gutierrez 12 Fridley 5:54.53

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Shane Zenk 12 DeLaSalle 10:51.88
- 2 Liam Sheeley 12 Academy Of Holy Angels 11:01.89
- 3 Paul Pfeifer 10 DeLaSalle 11:23.77
- 4 Jace Pulkrabek 12 Richfield 11:37.80
- 5 Sawyer Johnson 9 Academy Of Holy Angels 11:40.49
- 6 Hunter Johnston 9 St Croix Lutheran 11:41.10
- 7 Milo Gehring 10 St Croix Lutheran 12:00.75
- 8 Thomas Madrid 9 Richfield 12:04.96
- 9 Adrian Hemmick 12 Columbia Heights 12:25.91
- 10 Adam Katalinich 10 Academy Of Holy Angels 12:48.31
- Dom'nick Williams 10 DeLaSalle DNS
- Jesus Romero Rivera 12 Columbia Heights DNS

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Griffin Paulsen 10 St Croix Lutheran 16.44
- 2 Henry Schaefer 11 Richfield 16.76
- 3 Mason Anderson 12 DeLaSalle 19.72
- 4 Kai Anderson-Lantz 12 DeLaSalle 20.40
- 5 Martin De Leon 11 Academy Of Holy Angels 20.52
- 6 Baktiyar Graves 12 Academy Of Holy Angels 20.66
- 7 Maxim Sergeyev 10 St Croix Lutheran 20.70
- 8 Noah Rathje 10 St Croix Lutheran 20.73
- 9 Kevin Voss 11 Richfield 20.81
- 10 Trey Petersen 10 Richfield 20.88

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Griffin Paulsen 10 St Croix Lutheran 43.03
- 2 Henry Schaefer 11 Richfield 43.60
- 3 Baktiyar Graves 12 Academy Of Holy Angels 46.89
- 4 Mason Anderson 12 DeLaSalle 47.23
- 5 Maxim Sergeyev 10 St Croix Lutheran 47.36
- 6 Chriony Bagana 10 Brooklyn Center 48.90
- 7 Noah Rathje 10 St Croix Lutheran 50.58
- 8 Kevin Voss 11 Richfield 50.83
- 9 Trey Petersen 10 Richfield 50.89

10 Martin De Leon 11 Academy Of Holy Angels 53.65
Patrick Taylor 11 Academy Of Holy Angels DNS

Varsity Boys 4x100m Finals

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Team Time
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1 Academy Of Holy Angels 45.54
Matthew BitterJosh GillardKieran MurnanEmmett Johnson
2 St Croix Lutheran 46.42
Matthew QuamMicah BoehmShuta ShimaCayden Lockhart
3 Brooklyn Center 47.78
Warren KinneyPascal WylieMichel BaganaChriony Bagana
4 Richfield 49.91
Trey PetersenShannon CookCody DoRyan Kelleher

Varsity Boys 4x200m Finals

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Team Time
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1 St Croix Lutheran 1:38.25
Joe EngelMicah BoehmMaxim SergeyevShuta Shima
2 Academy Of Holy Angels 1:39.56
Charles AbdoPeter ForsethBen FrommeltWilliam Snyder
3 Richfield 1:40.98
Dane HanksKevin VossCy SengsourichanhTrevon Cunningham
4 Columbia Heights 1:46.18
Griffin HoggTomas HolmbergAhmed Amine Ait DaoudJonathan Dereje
5 Brooklyn Center 1:46.22
kodjo SewonouDavid SeleyTay'Shawn RobinsonDejon Hamilton

Varsity Boys 4x400m Finals

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Team Time
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1 Columbia Heights 3:37.57
Jonathan HackettDamon SpearmonChase OatesBen Olson
2 Richfield 3:44.15
Henry SchaeferDane HanksJuan Jose DiGraziaCasey Gay
3 St Croix Lutheran 3:47.47
Matthew QuamWill OlsonShuta ShimaWilliam Mueller
4 Academy Of Holy Angels 3:48.48
Peter ForsethJacob BennettBen MangelWilliam Snyder

Varsity Boys 4x800m Finals

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Team Time
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1 Richfield 8:56.98
Jace PulkrabekAndy Soto-MorenoJuan Jose DiGraziaCasey Gay
2 DeLaSalle 9:33.65
William MerriganMiles JacksonKai GauleyChristian Moberg
3 Academy Of Holy Angels 9:47.77
Mario (Alex) CalvoGriffin MoeMatthew BureauRyan Larson
4 St Croix Lutheran 9:55.82
Thomas HermannNolan ZellmerMilo GehringChristian Gosch

Varsity Boys Shot Put Finals

Athlete Yr Team Mark

- 1 Brady Moore 11 Richfield 42-00.75
- 2 William Katchmark 12 Columbia Heights 41-03.25
- 3 Rollin Rowe 12 Academy Of Holy Angels 39-10.00
- 4 Lucas Dahlke 12 St Croix Lutheran 38-06.25
- 5 Tyler David 11 Brooklyn Center 37-08.00
- 6 Finn Buffington 11 DeLaSalle 34-07.25
- 7 Joseph Thompson 11 Richfield 33-11.00
- 8 Charlie Broveleit 11 Academy Of Holy Angels 33-09.00
- 9 Steven Cooper 12 Richfield 31-09.50
- 10 Marco Rodrigues 9 St Croix Lutheran 31-06.00
- 11 Josh Gillen 12 Academy Of Holy Angels 31-05.00
- 12 Ezra Diederich 9 Fridley 31-02.25
- 13 Jaxson Ellestad 11 Fridley 30-03.50
- 14 Johnathan Dickson Bonete 10 Fridley 25-04.00

Varsity Boys Discus Finals

Athlete Yr Team Mark

- 1 Theo Doran 12 Academy Of Holy Angels 125-04
- 2 William Katchmark 12 Columbia Heights 114-07.50
- 3 Finnegan Zellmer 11 Academy Of Holy Angels 103-01.50
- 4 Finn Buffington 11 DeLaSalle 98-07.50
- 5 Luke Goedekke 11 DeLaSalle 93-08.25
- 6 Marco Rodrigues 9 St Croix Lutheran 91-07.25
- 7 Lucas Dahlke 12 St Croix Lutheran 89-03
- 8 Brady Moore 11 Richfield 87-05
- 9 Ezra Diederich 9 Fridley 86-09.50
- 10 Jaxson Ellestad 11 Fridley 81-06
- 11 Johnathan Dickson Bonete 10 Fridley 80-03
- 12 Griffin Hogg 11 Columbia Heights 74-09.25
- 13 Joseph Thompson 11 Richfield 73-04
- 14 Steven Cooper 12 Richfield 68-00.25
- 15 Tyler David 11 Brooklyn Center 66-02
- 16 Noah Rathje 10 St Croix Lutheran 63-04.50
- Rollin Rowe 12 Academy Of Holy Angels SCR

Varsity Boys High Jump Finals

Athlete Yr Team Mark

- 1 Josh Gillard 11 Academy Of Holy Angels 6-00.00
- 2 Ben Olson 11 Columbia Heights 5-08.00
- 3 Maxim Sergejev 10 St Croix Lutheran 5-08.00
- 4 Tykelian Moore 9 Fridley 5-08.00
- 5 Semone Matiyas 12 Academy Of Holy Angels 5-06.00
- 6 Kyle Johnson 11 DeLaSalle 5-06.00
- 7 Malang Darboe 12 Academy Of Holy Angels 5-04.00
- 8 Finnian Burns 10 DeLaSalle 5-04.00
- 9 Liam Burns 12 DeLaSalle 5-04.00
- 10 Micah Boehm 12 St Croix Lutheran 5-02.00
- 11 Trevon Cunningham 10 Richfield 5-00.00
- Joaquin Jamison 9 Richfield NH

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Caden Fischer 12 St Croix Lutheran 10-00.00
- 2 Trey Petersen 10 Richfield 9-00.00
- 3 Baktiyar Graves 12 Academy Of Holy Angels 9-00.00
- 4 Dane Hanks 11 Richfield 8-06.00
- 5 Theo Doran 12 Academy Of Holy Angels 8-06.00
- 6 Damien Rowland 11 St Croix Lutheran 8-00.00
- 7 Alan Brady 11 Academy Of Holy Angels 8-00.00
- 8 Cody Gross 9 St Croix Lutheran 7-00.00
- Damian Pinduisaca 10 Columbia Heights NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Anthony Borom 11 Fridley 21-00.50
- 2 Isreal Moses 10 DeLaSalle 20-04.00
- 3 Ben Olson 11 Columbia Heights 20-00.75
- 4 Ben Mangel 12 Academy Of Holy Angels 19-11.50
- 5 Josh Gillard 11 Academy Of Holy Angels 19-10.00
- 6 Tykelian Moore 9 Fridley 19-09.00
- 7 Griffin Paulsen 10 St Croix Lutheran 18-04.00
- 8 Daniel Retic 12 Brooklyn Center 18-02.00
- 9 Jonathan Hackett 11 Columbia Heights 18-00.50
- 10 Kevin Voss 11 Richfield 17-10.00
- 11 Leo Carter DeLaSalle 17-09.00
- 12 Malang Darboe 12 Academy Of Holy Angels 17-03.75
- 13 Chriony Bagana 10 Brooklyn Center 17-00.00
- 14 William Mueller 12 St Croix Lutheran 16-10.50
- 15 Charlie Fisher 10 DeLaSalle 16-10.00
- 16 Antonio Borom 9 Fridley 15-05.50
- kodjo Sewonou 10 Brooklyn Center DNS
- Cy Sengsourichanh 10 Richfield DNS

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Anthony Borom 11 Fridley 42-03.50
- 2 Henry Schaefer 11 Richfield 40-05.50
- 3 Griffin Paulsen 10 St Croix Lutheran 40-02.75
- 4 Josh Gillard 11 Academy Of Holy Angels 39-08.75
- 5 Micah Boehm 12 St Croix Lutheran 39-01.00
- 6 Casey Gay 10 Richfield 38-08.25
- 7 Chase Oates 11 Columbia Heights 38-06.50
- 8 Malang Darboe 12 Academy Of Holy Angels 37-09.50
- 9 Xavier Flemister 12 DeLaSalle 36-06.75
- 10 Cody Do 11 Richfield 35-09.50
- 11 Tomas Holmberg 10 Columbia Heights 29-09.25
- Mitchell Spack 9 DeLaSalle DNS
- Patrick Taylor 11 Academy Of Holy Angels SCR
- Ben Olson 11 Columbia Heights DNS
- Liam Burns 12 DeLaSalle SCR

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 I'tianna Salaam 11 DeLaSalle 12.64
2 Ashley Fisher 9 Academy Of Holy Angels 12.76
3 Ella Sukup 11 Visitation 12.80
4 Ayanna Zarlee 8 DeLaSalle 13.06
5 Emily Groppoli 12 Visitation 13.28
6 Haley Tesch-Stevson 12 DeLaSalle 13.33
7 Kathryn Van Sloun 10 Academy Of Holy Angels 13.35
8 Ciara McCrory 12 Academy Of Holy Angels 13.36
9 Aaliyah Dumoulin 11 Columbia Heights 13.51
10 Corrina Jones 11 Richfield 13.68
11 Grace Doering 9 St Croix Lutheran 13.72
12 Melissa Torres 9 Columbia Heights 13.85
13 Kazi Hankee 10 Visitation 14.00
14 Arriell Demry 10 Fridley 14.01
15 Abigail DeHaven 10 Richfield 14.70
16 Aryana Moriasi 9 Brooklyn Center 14.75
17 Majority Fisher 10 Columbia Heights 14.80
18 Asiha Henry 11 Richfield 15.24
19 Destiny Gbor 8 Brooklyn Center 15.43
Daniya Larkins- Lucas 8 Brooklyn Center DNS
Diamond Ethridge 10 Fridley DNS
Wonkamah Telkie 10 Fridley DNS

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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1 Ashley Fisher 9 Academy Of Holy Angels 25.82
2 I'tianna Salaam 11 DeLaSalle 25.83
3 Ella Sukup 11 Visitation 26.11
4 Ayanna Zarlee 8 DeLaSalle 26.77
5 Kathryn Van Sloun 10 Academy Of Holy Angels 27.17
6 Corrina Jones 11 Richfield 27.28
7 Emily Groppoli 12 Visitation 27.71
8 Brooke Wisdom 9 Academy Of Holy Angels 28.18
9 Angelina Gonzalez 10 Columbia Heights 28.54
10 Nohelia Schmidt 9 Visitation 28.89
11 Olivia Warbler 10 Columbia Heights 29.45
12 Fametta Zubah 12 Richfield 29.65
13 Elena Grahl 10 St Croix Lutheran 29.84
14 Kylee Tiarks 11 St Croix Lutheran 30.14
15 Melissa Torres 9 Columbia Heights 30.35
16 Aryana Moriasi 9 Brooklyn Center 30.72
17 Asiha Henry 11 Richfield 31.72
Nayeli Williams 12 Brooklyn Center DNS
Haley Tesch-Stevson 12 DeLaSalle DNS
Joyce Gbarlah 11 Fridley DNS
Diamond Ethridge 10 Fridley DNS

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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1 I'tianna Salaam 11 DeLaSalle 59.14
2 Ella Sukup 11 Visitation 59.68
3 Sydney Burns 12 Academy Of Holy Angels 1:01.61
4 Olivia Keller 11 Academy Of Holy Angels 1:03.27
5 Aaliyah Dumoulin 11 Columbia Heights 1:03.55
6 Janiya Moore 9 Richfield 1:04.94

7 Ayanna Zarlee 8 DeLaSalle 1:05.00
8 Jaci Hintz 10 Richfield 1:06.68
9 Anna Gries 9 DeLaSalle 1:07.32
10 Shea Dolan 12 Visitation 1:07.46
11 Olivia Warbler 10 Columbia Heights 1:08.47
12 Ingrid Kuhfuss 9 Academy Of Holy Angels 1:08.54
13 Anna Zell 10 Visitation 1:08.76
14 Rachel Harris 11 St Croix Lutheran 1:08.77
15 Rachel Wyganowski 10 St Croix Lutheran 1:11.10
16 Asiha Henry 11 Richfield 1:19.68

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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1 Kiera O'Rourke 9 Academy Of Holy Angels 2:33.03
2 Elizabeth Burke 10 Visitation 2:35.46
3 Helen Nguyen 12 Richfield 2:35.81
4 Avery Sames 9 St Croix Lutheran 2:38.59
5 Bea Koenig Academy Of Holy Angels 2:42.82
6 Rachel Harris 11 St Croix Lutheran 2:45.12
7 Tiffany Dubbeldee 10 Academy Of Holy Angels 2:48.02
8 Lilah Bergan 10 Columbia Heights 2:48.26
9 Kristen Stauffer 11 DeLaSalle 2:54.05
10 Cosette Henrikson 10 Fridley 2:55.81
11 Reese Hennen 11 DeLaSalle 2:58.59
12 Phoebe Balfour 8 Visitation 3:13.07
13 Isabel Hernandez Monroy 9 Columbia Heights 3:14.63
14 Lidya Kennedy 10 Columbia Heights 3:20.62
15 Natalie Hanson 12 Richfield 3:26.34
Aubrey Cochran-Starr 8 Fridley DNS
Eva Patenaude 10 Richfield DNS

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Margaret Dalseth 12 Visitation 5:22.08
2 Helen Nguyen 12 Richfield 5:46.07
3 Caroline Pierce 9 Academy Of Holy Angels 5:52.76
4 Evie Hansen 9 Visitation 5:58.95
5 Caroline Carson 10 Academy Of Holy Angels 5:59.32
6 Crystel Digrazia 12 Richfield 6:02.22
7 Maggie Moe 8 Academy Of Holy Angels 6:05.80
8 Amayramy Ruiz Barrios 10 Fridley 6:17.67
Isabella Benjamin 12 DeLaSalle DNS
Joana Enriquez 11 Brooklyn Center DNS
Megan Wenner 12 DeLaSalle DNS
Mari Rummel 10 Richfield DNS

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Margaret Dalseth 12 Visitation 11:50.00
2 Caroline Pierce 9 Academy Of Holy Angels 12:58.89
3 Maggie Moe 8 Academy Of Holy Angels 13:23.52
4 Emily Fenlon 9 Visitation 13:30.40
5 Grace Lopez-Munoz 10 Visitation 13:39.42

6 Caroline Carson 10 Academy Of Holy Angels 13:40.09
7 Crystel Digrazia 12 Richfield 13:42.14
8 Ava Hanks 11 Richfield 13:55.40
9 Bridget Foley 11 Richfield 15:03.63

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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1 Nayeli Williams 12 Brooklyn Center 16.13
2 Abby Kleist 12 Richfield 18.02
3 Bridget Gerber 11 Visitation 18.04
4 Kennedi Dudley 10 Columbia Heights 18.72
5 Charlotte Henry 9 Academy Of Holy Angels 19.14
6 Maggie Wells 11 Academy Of Holy Angels 19.35
7 Kate Celichowski 9 DeLaSalle 20.07
8 Josephine Popp 10 Richfield 20.09
9 Ashlyn Mehus 9 Visitation 20.20
9 Molly OMalley 9 Academy Of Holy Angels 20.20
11 Kathryn Thurlow 11 Visitation 20.64
12 Tiana Kral 10 Columbia Heights 21.33
13 Romina Santos 10 Richfield 23.83
14 Isabel Hernandez Monroy 9 Columbia Heights 28.58

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Nayeli Williams 12 Brooklyn Center 47.71
2 Greta Hinds 10 Visitation 51.48
3 Charlotte Henry 9 Academy Of Holy Angels 53.19
4 Molly OMalley 9 Academy Of Holy Angels 54.40
5 Kate Celichowski 9 DeLaSalle 55.61
6 Kathryn Thurlow 11 Visitation 56.79
7 Maggie Wells 11 Academy Of Holy Angels 57.00
8 Abby Kleist 12 Richfield 57.88
9 Josephine Popp 10 Richfield 58.19
Romina Santos 10 Richfield DNS

Varsity Girls 4x100m Finals

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Team Time

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1 Academy Of Holy Angels 52.08
Ashley FisherKathryn Van SlounCiara McCroryLauren VonSee
2 Fridley 53.20
Kyla HarrisSantrice RodriguezJuliana HarrisArriell Demry
3 Visitation 53.45
Kazi HankeeLindsay IversonSummer KaeppeEmily Groppoli
4 Richfield 55.14
Fametta ZubahAbigail DeHavenAryanna KrautkramerCorrina Jones
5 Columbia Heights 59.63
Majority FisherSaniah Howard ReynoldsLulu MohamedAva Gregorich

Varsity Girls 4x200m Finals

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Team Time

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1 Academy Of Holy Angels 1:50.49
Ciara McCroryBrooke WisdomKathleen GastonSydney Burns
2 Fridley 1:52.62
Kyla HarrisSantrice RodriguezJuliana HarrisBrandi Washington
3 Visitation 1:55.86
Nohelia SchmidtLindsay IversonSummer KaeppeBridget Gerber
4 Richfield 1:56.08
Fametta ZubahAryanna KrautkramerJaniya MooreJaci Hintz
5 St Croix Lutheran 1:58.36
Grace DoeringElena GrahlAvery SamesKylee Tiarks
6 Columbia Heights 2:16.57
Isabel Hernandez MonroyDanchau LeKalise LewisMelat Mezgebe

Varsity Girls 4x400m Finals

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Team Time
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1 Academy Of Holy Angels 4:17.20
Sydney BurnsKiera O'RourkeBea KoenigOlivia Keller
2 Visitation 4:25.73
Shea DolanElizabeth BurkeAnna ZellGreta Hinds
3 Fridley 4:27.93
Juliana HarrisSantrice RodriguezKyla HarrisBrandi Washington
4 St Croix Lutheran 4:35.29
Elena GrahlRachel HarrisRachel WyganowskiAvery Sames
5 Richfield 4:38.09
Josephine PoppJaci HintzAryanna KrautkramerHelen Nguyen

Varsity Girls 4x800m Finals

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Team Time
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1 Academy Of Holy Angels 11:12.74
Bea KoenigTiffany DubbeldeeEmily FisherKiera O'Rourke
2 Visitation 11:35.44
Emily FenlonEvie HansenMelissa RemickPhoebe Balfour
3 Richfield 13:11.74
Mari RummelRibka SolomonMargaret WeissNatalie Hanson

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark
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1 Kendra Valleau 12 St Croix Lutheran 33-04.00
2 Maya Rome 10 Visitation 29-10.00
3 Elle Klein 10 Visitation 29-04.50
4 Lilah Bergan 10 Columbia Heights 28-08.50
5 Manuella Gbedjangni 9 DeLaSalle 28-05.50
6 Tabitha Johnson 9 St Croix Lutheran 27-00.50
7 Rachel Kawiecki 12 Academy Of Holy Angels 26-08.50
8 Saniah Howard Reynolds 10 Columbia Heights 25-00.50
9 Rayvet Gono 10 Fridley 22-02.50
10 Lauren Hoffman 9 St Croix Lutheran 21-11.00
11 Shauna McCrory 9 Academy Of Holy Angels 21-08.00
11 Madeline Clough 10 Academy Of Holy Angels 21-08.00
13 Holland Juell 11 Richfield 20-10.00
14 Maria Thomas 11 Richfield 20-03.00
15 Jessamine Molina 10 Richfield 16-08.50
Aubrey Cochran-Starr 8 Fridley DNS

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Tabitha Johnson 9 St Croix Lutheran 82-11
 - 2 Elle Klein 10 Visitation 82-10
 - 3 Maya Rome 10 Visitation 78-01.50
 - 4 Isabella Griswold 12 Academy Of Holy Angels 70-05
 - 5 Heaven Gg 10 Columbia Heights 70-01
 - 6 Lauren Hoffman 9 St Croix Lutheran 68-08.50
 - 7 Safiya Mohamed 11 Columbia Heights 64-03
 - 8 Rayvet Gono 10 Fridley 64-01
 - 9 Shauna McCrory 9 Academy Of Holy Angels 61-06.75
 - 10 Holland Juell 11 Richfield 59-05.50
 - 11 Maria Thomas 11 Richfield 55-02
 - 12 Madeline Clough 10 Academy Of Holy Angels 52-09.50
 - 13 Jessamine Molina 10 Richfield 45-05.50
- Aubrey Cochran-Starr 8 Fridley DNS

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Allyse Schletty 10 St Croix Lutheran 4-08.00
 - 2 Sydney Burns 12 Academy Of Holy Angels 4-08.00
 - 3 Milana Vukovich 11 Visitation 4-08.00
 - 4 Bridget Gerber 11 Visitation 4-06.00
 - 5 Brooke Wisdom 9 Academy Of Holy Angels 4-06.00
 - 6 Aaliyah Dumoulin 11 Columbia Heights 4-06.00
 - 7 Elsa Bildtsen 10 Visitation 4-04.00
 - 8 Heaven Gg 10 Columbia Heights 4-04.00
 - 9 Cleo Haase 11 Academy Of Holy Angels 4-04.00
 - 10 Mia Lawrence 10 St Croix Lutheran 4-02.00
 - 10 Grace Doering 9 St Croix Lutheran 4-02.00
 - 10 Danquyen Le 10 Columbia Heights 4-02.00
 - 10 Corrina Jones 11 Richfield 4-02.00
 - 10 Jaci Hintz 10 Richfield 4-02.00
 - 10 Kristen Stauffer 11 DeLaSalle 4-02.00
- Eva Patenaude 10 Richfield DNS

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Elizabeth Link 12 Visitation 9-00.00
 - 2 Natalie Hanson 12 Richfield 7-00.00
 - 2 Helen Nguyen 12 Richfield 7-00.00
 - 2 Mia Lawrence 10 St Croix Lutheran 7-00.00
 - 5 Libby Dellessio 9 Visitation 6-06.00
 - 6 Natalie Staelgraeve 10 Visitation 6-06.00
 - 7 Ava Gregorich 11 Columbia Heights 6-06.00
 - 8 Amelia Kidd 10 Academy Of Holy Angels 6-00.00
 - 8 Madden Smith 10 Academy Of Holy Angels 6-00.00
- Mari Rummel 10 Richfield NH
- Danchau Le 8 Columbia Heights NH

Varsity Girls Long Jump Finals

Athlete Yr Team Mark

1 Nayeli Williams 12 Brooklyn Center 16-11.75
2 Elsa Bildtsen 10 Visitation 16-05.75
3 Ciara McCrory 12 Academy Of Holy Angels 15-05.00
4 Milana Vukovich 11 Visitation 15-01.00
5 Kazi Hankee 10 Visitation 14-10.50
6 Kathryn Van Sloun 10 Academy Of Holy Angels 14-10.50
7 Kendra Valleau 12 St Croix Lutheran 14-09.00
8 Grace Doering 9 St Croix Lutheran 14-07.00
9 Abigail DeHaven 10 Richfield 14-06.50
10 Romina Santos 10 Richfield 13-09.75
11 Cleo Haase 11 Academy Of Holy Angels 13-05.50
12 Cosette Henrikson 10 Fridley 13-01.50
13 Danquyen Le 10 Columbia Heights 12-09.00
14 Lidya Kennedy 10 Columbia Heights 12-08.75
15 Saniah Howard Reynolds 10 Columbia Heights 12-07.00
16 Aryana Moriasi 9 Brooklyn Center 11-04.00
Joyce Gbarlah 11 Fridley DNS
Wonkamah Telkie 10 Fridley DNS

Varsity Girls Triple Jump Finals

Athlete Yr Team Mark

1 Olivia Keller 11 Academy Of Holy Angels 38-02.50
2 Ashley Fisher 9 Academy Of Holy Angels 34-03.75
3 Elsa Bildtsen 10 Visitation 33-11.25
4 Haley Tesch-Stevson 12 DeLaSalle 32-06.00
5 Milana Vukovich 11 Visitation 32-01.00
6 Kendra Valleau 12 St Croix Lutheran 31-03.00
7 Aryanna Krautkramer 11 Richfield 29-01.00
8 Lindsay Iverson 11 Visitation 28-07.50
9 Lauren VonSee 11 Academy Of Holy Angels 26-09.75
Kayla Hunt 9 St Croix Lutheran DNS